

PHARMACIES/MEDICINES LESSON 5

LEVEL: BEGINNING LOW – HIGH

Objective: **Discuss possible side effects of common medicines.**

ESLRS: **Effective Communicator
Critical and Creative Thinker
Self Directed Learner**

SCAN SKILLS: Organizes and processes symbols, pictures and other information
Locates, understands and interprets written information

IMPORTANT INFORMATION

When you read a label for an Over the Counter Medicine, you will not see the words Side Effects on the medicine label.


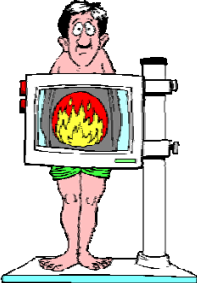


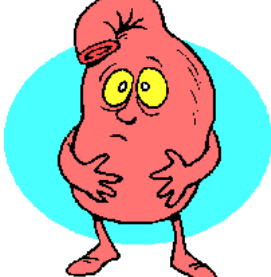

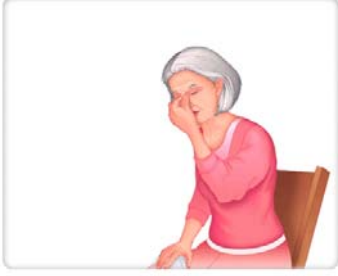








To find the information about side effects, you should read the sections on **Warnings** or the section labeled **When using this product**

See the sample below to know where you will find information about side effects:

Drug Facts	
<i>Active Ingredient</i>	<i>Purpose</i>
<i>Desloratadine 5mg.....</i>	<i>antihistamine</i>
<i>Uses temporarily relieves symptoms of seasonal allergic rhinitis (hay fever)</i>	
Warnings	
<i>Ask a doctor before use if you</i>	
<ul style="list-style-type: none"> ■ <i>have liver problems</i> ■ <i>have kidney problems</i> 	<ul style="list-style-type: none"> ■ <i>are pregnant</i> ■ <i>are breast-feeding</i>
When using this product	
<i>Stop use and ask a doctor if you have</i>	
<ul style="list-style-type: none"> ■ <i>sore throat</i> ■ <i>sleepiness</i> 	<ul style="list-style-type: none"> ■ <i>dry mouth</i> ■ <i>tiredness</i>
Directions	
<i>Adults and children 12 and over</i>	<i>Take 1 tablet every day</i>
<i>Children under 12</i>	<i>ask a doctor</i>

Pharmacies/Medicine Lesson 5

Many medicines that can help a patient also have **side effects**. **Side effects** are what medicine does to the body besides what it is taken for. . Some common side effects might be:

		
<p>Sleepiness/Drowsiness</p>	<p>Heartburn</p>	<p>Headache</p>
		
<p>Dry Mouth</p>	<p>Upset Stomach</p>	<p>Dizziness</p>
		
<p>Nosebleed</p>	<p>Nervousness</p>	<p>Sleeplessness</p>
		
<p>Blurred vision</p>	<p>High blood pressure</p>	<p>Diarrhea</p>
		
<p>Hives</p>	<p>Asthma</p>	<p>Shock</p>

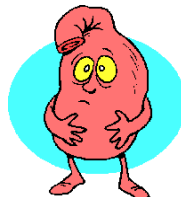
PRACTICE 2:

Read the following side effect information for some common medications and answer the questions:

Drug Facts	
Active Ingredient (in each tablet)	Purpose
Chlorpheniramine Maleate 2mg	Antihistamine
Uses: Temporarily relieves these symptoms due to allergies	
■sneezing	■runny nose
Warnings	
Ask a doctor before use if you have	
■glaucoma	■a breathing problem such as emphysema
When using this product	
■ drowsiness may occur	
■ be careful when driving a motor vehicle or operating machinery	
Directions	
Adults and children 12 and over	Take 2 tablets every 4 to 6 hours not more than 12 tablets in 24 hours
Children 6 years to under 12 years	Take 1 tablet every 4 to 6 hours
Children under 6 years	Not more than 6 tablets in 24 hours
	Ask a doctor

- If this medicine makes you drowsy, how do you feel?
 - Hot
 - Sleepy
 - Cold
 - Hungry
- What side effect makes it dangerous to drive?.
 - Drowsiness
 - Glaucoma
 - Emphysema
 - Sneezing

3. Choose the picture that shows the side effect of this medicine.



Drug Facts	
Active Ingredient (in each tablet)	Purpose
<i>Pseudoephedrine HCL 30 mg.....</i>	<i>Nasal Decongestant</i>
Uses temporarily relieves nasal congestion due to	
<ul style="list-style-type: none"> ■ <i>common cold</i> ■ <i>respiratory allergies</i> 	
Warnings	
<i>Ask a doctor before use is you have</i>	
<ul style="list-style-type: none"> ■ <i>high blood pressure</i> ■ <i>heart disease</i> ■ <i>thyroid disease</i> ■ <i>diabetes</i> 	
When using this product	
<ul style="list-style-type: none"> ■ <i>do not use more than directed</i> ■ <i>Stop use and ask a doctor if you get nervous, dizzy or sleepless</i> 	
Directions	
<i>Adults and children 12 and over</i>	<i>take 2 tablets every 4 to 6 hours not more than 4 doses in 24 hours</i>
<i>Children 6 years to under 12 years</i>	<i>take 1 tablet every 4 to 6 hours not more than 4 doses in 24 hours</i>
<i>Children under 6 years</i>	<i>ask a doctor</i>

4. What is a side effect of this medicine?

- A. nervousness
- B. heart disease
- C. diabetes
- D. common cold

5. If you feel dizzy...

- A. you can't breathe
- B. you can't walk
- C. you can't sleep
- D. you can't see

6. If this medicine makes you sleepless...

- A. you sleep too much
- B. you are always sleepy
- C. you can't breathe
- D. you can't sleep

7. Choose the picture that shows a side effect of this medicine.



Prescription Number Patient Name

SPoon DRUG


6634685 BO 11/12/96
DUMP, OZ


TAKE ONE CAPSULE BY MOUTH 3
TIMES A DAY FOR 10 DAYS FOR
INFECTION

AMOXICILLIN 250MG CAP BIOC QTY:30

Dr. JOE SAMPLE
NO REFILLS

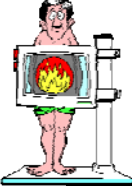









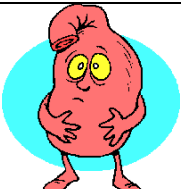

Drug Name Available Re-fills

 TAKE WITH
FOOD OR MILK
©1987

 KEEP OUT OF REACH
OF CHILDREN
©1976

12. What should you do when you are taking this medicine?
- A. Take this medicine before you eat.
 - B. Drink some milk or eat some food.
 - C. Give the medicine to your children.
 - D. Don't drink milk when you are taking this medicine.
13. Where should you keep this medicine?
- A. Away from children.
 - B. Near the children.
 - C. Near milk.
 - D. Near food.

PRACTICE 1: Write the name of the side effect under the picture.

	
<p>1.</p>	<p>2.</p>
	
<p>3.</p>	<p>4.</p>
	
<p>5.</p>	<p>6.</p>
	
<p>7.</p>	<p>8.</p>
	
<p>9.</p>	<p>10.</p>
	
<p>11.</p>	<p>12.</p>